

HEALTHY MEETING PRACTICES LISTS

FOR THE NEWCOMER

HEALTHY MEETING PRACTICES TO REFLECT UPON:

1. If a Phone List exists, is there an understanding of the best practices for using it?
2. Are Newcomers acknowledged and welcomed?
3. Is there language/guidance on “No Crosstalk”? How is Crosstalk resolved? Is the Crosstalk procedure clear and understood by all? Is there clarity around who and when Crosstalk would get handled?
4. Does the Meeting read the Steps and Traditions? (BRB, pp.562-565)
5. Does the Meeting make important decisions on a group level by holding a Group Conscience?
6. In accordance with the Sample Meeting Format in the fellowship text does the meeting read the Problem and/or the Laundry List and the Solution? (BRB, pp.562-565)
7. Does the meeting have regularly scheduled Business Meetings?
8. Are there rotating Service Positions?
9. Everything in this list is suggested.

FOR THE MEMBER WITH TIME IN THE PROGRAM

HEALTHY MEETING PRACTICES TO REFLECT UPON:

1. Does the Meeting make decisions on a group level by Group Conscience Process using simple majority and make the Meeting's important decisions by using Substantial Unanimity while always hearing the voice of the minority? (Tradition 4 and BRB, p.596)
2. Does the Meeting ask its trusted servants to review the Suggested Commitment to Service? (BRB, p.601)
3. During Business Meetings is Safety in the Meeting discussed? (BRB, p.584)
4. Does the Meeting adhere to Tradition XII on anonymity and placing principles before personalities? (BRB, p.489)
5. Does the Meeting read the Steps and Traditions? (BRB, pp.562-565)
6. Is Robert's Rules of Order or a similar process of submitting items and voting used in the meeting?
7. Are there rotating Service Positions with a group conscience acceptance of the corresponding responsibilities?
8. Everything in this list is suggested.