

## Adult Children of Alcoholics® Alcoholic/Dysfunctional Families

Adult Children of Alcoholics and Dysfunctional Families (ACA or ACOA) is an international 12-Step / 12 Tradition Recovery Program for individuals who grew up in alcoholic or dysfunctional homes. ACA seeks to understand the reality of how the disease of alcoholism AND family dysfunction infected us as children and continues to affect our adult behavior today.

<u>Pensacola Meeting Location</u>: Sanders Beach Community Center, 913 South I Street, 32502.

Attend In-person or Online: For the Zoom link, email acapensacola@gmail.com

Meeting Time: Tuesday, 5:30 – 7:00 pm



Commonality = shame / abandonment

Find the Solution.

www.acapensacola.org





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